



# Bereavement Retreat

*Hospice Care Ottawa invites you to join us for our Bereavement Retreat*

This nurturing online event includes a presentation, time for supportive sharing with others and a guided yoga. This event is offered at no charge and is open to those who are grieving the death of a loved one due to life-limiting illness.

**Wednesday,  
June 15, 2022  
1-3:30 p.m.**

***Space is limited.  
Contact us to register.***

For any questions about the event or to register please contact Erika at [erika.deschiffart@hospicecareottawa.ca](mailto:erika.deschiffart@hospicecareottawa.ca) or call 613-260-2906 ext. 230

This retreat is part of the *Together Ottawa Ensemble* events happening from June 11-26th



TOGETHER  
OTTAWA  
ENSEMBLE

